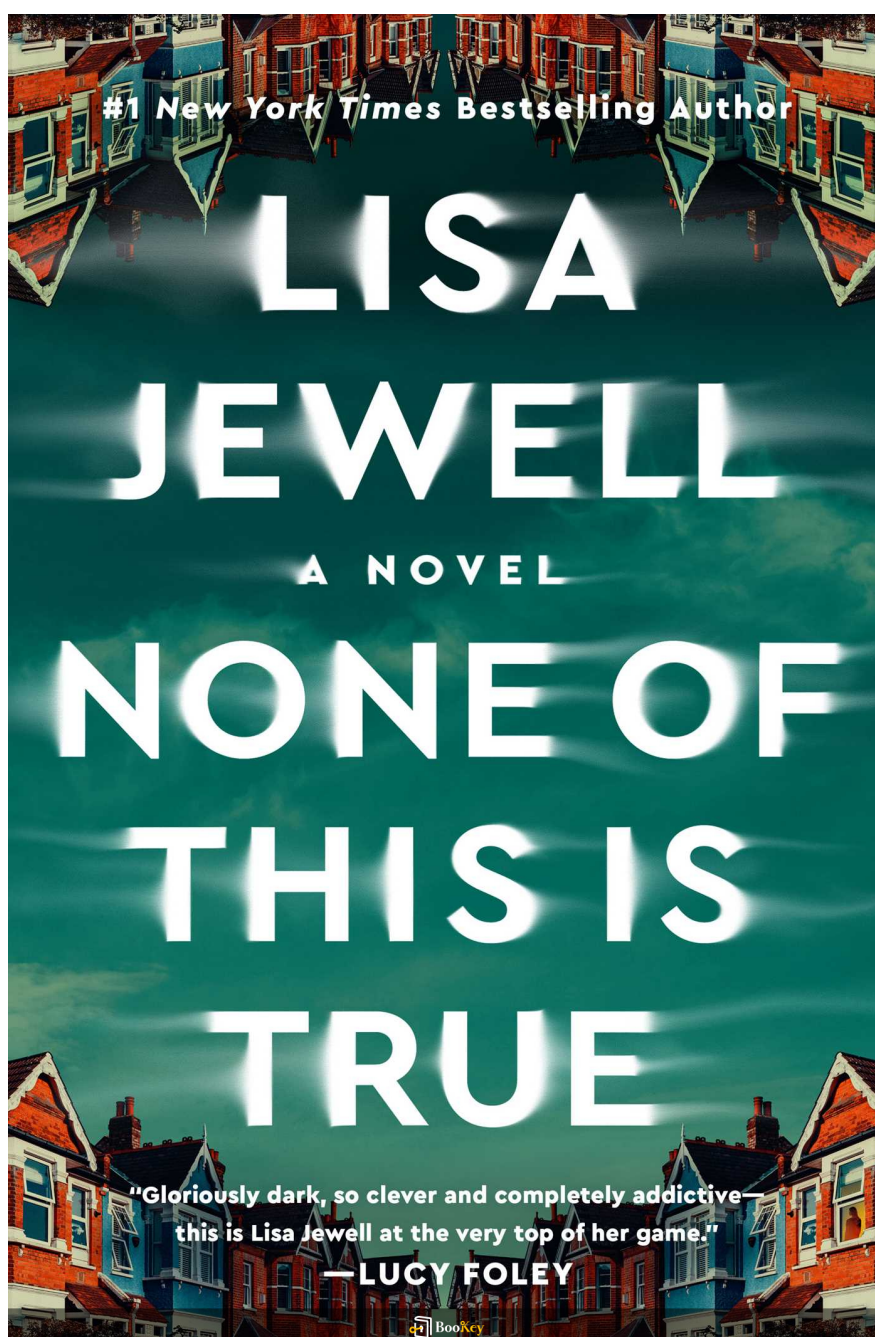


# None Of This Is True PDF (Limited Copy)

Lisa Jewell



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# **None Of This Is True Summary**

"Deceptions Woven into the Fragile Fabric of Trust"

Written by Books1

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## About the book

Lisa Jewell's "None of This Is True" masterfully delves into the shadowy depths of human psyches entangled in webs of half-truths and chilling secrets. Set to unravel the fragile fabric of appearances, this compelling psychological thriller invites readers to witness the burgeoning friendship between two strikingly different women—Alyssa, a charismatic life coach hiding her own past, and Josie, a seemingly ordinary woman with a penchant for uncovering the unconventional. As their lives intertwine, a dangerously deceptive narrative takes shape, transforming a chance encounter into a nightmarish journey of suspicion, betrayal, and dark obsessions. With Jewell's cunning prose and intricate storytelling, the line between reality and illusion becomes increasingly blurred, urging readers to question what's real and what's crafted in a world where none of this is true.

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## About the author

Lisa Jewell is a celebrated British author known for her compelling narratives and complex characters, which have captivated readers across the globe. She embarked on her literary journey with the novel "Ralph's Party" in 1998, striking a chord with her humorous and relatable storytelling. Over the years, Jewell transitioned from writing contemporary romantic fiction to crafting spellbinding psychological thrillers, securing her reputation as a versatile and masterful storyteller. Her books have been translated into multiple languages, touching the hearts and minds of a diverse international audience. Jewell's keen observations of human nature and her ability to weave suspenseful plots have earned her a place among the most beloved authors in the genre today. Known for her absorbing narratives and unexpected twists, Lisa Jewell continues to thrill her readers, leaving them eagerly anticipating each new release.

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## Chapter 1 Summary: 1

"Part One" introduces an intriguing podumentary set to release on Netflix, revolving around the unsettling story of Alix Summer and her neighbor, Josie Fair. The narrative unfolds through a combination of visual storytelling and chilling audio from Alix's podcast recordings.

The story begins with Josie and her husband Walter celebrating her birthday at a gastropub, coincidentally alongside Alix, a well-known podcaster. The two women discover they are birthday twins born in the same hospital, setting off a series of events that unravel both Alix's and Josie's lives. Alix, intrigued by Josie's ordinary yet mysteriously intriguing life, decides to feature her in a new podcast series, sparking a friendship that becomes increasingly complex and revealing.

Josie, stifled by decades of domestic monotony and darkness, sees an opportunity for liberation through Alix's interest. She proposes to Alix the idea of documenting her journey of self-discovery and change, despite ominous hints of a troubled past with her daughters, Erin and Roxy, and her marriage to Walter, a man significantly older whose past actions raise questions of coercion and manipulation.

Throughout a series of recordings, Josie unveils her life story steeped in early dependence and control, painting a picture of her as both a victim and a

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willing participant in a relationship that began when she was just a teenager. Alix, navigating her own marital challenges with her husband Nathan's recurrent absences due to drinking, finds herself drawn into Josie's world, intrigued by the potential for her podcast but also the personal implications.

The narrative cleverly intersperses visual descriptions with interviews and clips from Alix's podcast, conveying a duality in Josie's life—the outer simplicity masking deeper, darker truths. As Josie becomes more embedded in Alix's life, including a tense, revealing dinner at Alix's home, the layer of intrigue deepens, hinting at a backdrop of violence, control, and estrangement.

As the story progresses, the 'podumentary' reveals a web of tangled relationships, secrets, and the pervasive feeling of dread, leading to a spine-chilling conclusion that promises to uncover more than what lies on the surface. Alix and Josie's interactions challenge each woman's understanding of identity, loyalty, and the pursuit of freedom from their respective, suffocating realities.

Ultimately, "Hi! I'm Your Birthday Twin!" promises viewers a mix of profound psychological exploration and suspenseful tension, with elements of crime, family drama, and an intricate look at unwinding life's tightest bonds—a narrative as unsettling as it is compelling.



## Chapter 2 Summary: 2

In this gripping part of the story, we witness a tumultuous weekend that begins with Alix being awakened by the doorbell at 3:02 a.m. on a Saturday. Expecting her partner Nathan, she is shocked to find Josie, battered and tearful, at the door. Josie reveals that her husband Walter, when drunk, attacked her. In a state of distress, she refuses medical help and fears involving the police, believing that reporting the abuse might lead to undesirable consequences. She shares that her daughter Erin also encountered Walter's violence during the chaos.

Alix finds herself in a moral quandary, pondering the situation while offering shelter to Josie, despite her reservations. As the morning unfolds, Nathan finally contacts Alix with remorse for a previous misconduct, and she lightens at the communication. Meanwhile, Josie, disturbed and guilt-ridden, finds refuge in Alix's home, struggling with the weight of her revelations.

Their conversations, primarily held within the confines of Alix's recording studio earmarked for a podcast project, delve into Josie's troubled history with Walter, his prior abuse towards a young girl named Brooke, and the impact on Josie's daughters, Erin and Roxy. As Alix listens to the unfolding narrative, she grapples with the heavy implication of Josie's silence and passive complicity in Walter's continued misconduct.



Interspersed with this personal drama are intriguing interludes depicted in a series titled "Hi! I'm Your Birthday Twin!" These sequences offer a fresh perspective and context, highlighting the profound dissonance between reality and façade. Characters like school administrators, friends from Josie's past, and anonymous gaming communities provide a detached yet revealing backdrop to the central plot, shedding light on the depth of deception and the unraveling of family dynamics.

Josie's narrative suggests a history of victimization and complicity, where she was a passive participant in her husband's abuses. Her confession to Alix is punctuated by moments of introspection and regret, illustrating a life dominated by silence and accommodation. Her relationship with her cynical mother adds further layers of complexity, suggesting a legacy of emotional neglect and social isolation.

The story progresses with Alix increasingly skeptical of Josie's account, burdened by an uneasy feeling of complicity in harboring someone with such a troubled narrative. Alix's hesitation grows as she begins to perceive Josie's demeanor, which appears disconcertingly placid for someone claiming to be in a traumatic situation. The discovery of a bloodied key and peculiar behaviors from Josie heighten Alix's apprehension about the true nature of Josie's experiences and intentions.



In a chilling twist, a mention of a dangerous game involving Walter and Roxy's friend, Brooke, points towards a grievous misconduct, casting a shadow of doubt over the entire narrative and its players. Alix is caught between empathy and skepticism, unsure whether Josie's revelations are the grotesque truth or a carefully woven web of half-truths and fabrications.

By the end of the week, Josie prepares to leave Alix's home under the guise of visiting her mother, her future plans ambiguous and shrouded in her private machinations. With the keys to her new plans literally and metaphorically in her pocket, Josie's departure underscores a narrative woven with complexity and a haunting ambiguity that leaves both Alix and the readers questioning the veracity of her story and the eerie possibility of unspoken truths lurking beneath the surface.

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## Critical Thinking

**Key Point:** Resisting Silence

**Critical Interpretation:** In Chapter 2 of 'None of This Is True,' you witness the profound impact of Josie's silence about the abuse she and her daughters endure at the hands of Walter. This resonates deeply, highlighting how staying silent or passive can perpetuate cycles of harm. This key point is a powerful reminder that speaking up and refusing to stay silent in the face of wrongdoing is crucial. By breaking the silence, you not only empower yourself, but also begin the journey towards healing and advocating for those who are vulnerable. It's a call to confront difficult truths and challenge the status quo, transforming complicity and victimization into courage and resilience.

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## Chapter 3 Summary: 3

### Summary of Part Three:

**Saturday, 20 July**

Alix feels the atmosphere at home lighten as Josie, a friend who had been staying with them due to personal troubles, leaves. Although unsettled about where Josie might truly be going, Alix focuses on preparing for guests: her sisters Maxine and Zoe, and their children. As the family reunites, they enjoy a garden party, and Alix feels a moment of affection for her husband, Nathan, as they share a tender goodbye before he leaves for a night out with friends.

**7:30 p.m.**

Josie, secretly tailing Nathan, witnesses him planning a night out with friends at the Lamb & Flag pub. She observes Nathan uncomfortably boast about being free of a challenging houseguest, indicating Josie's stay, as she positions herself to enact a mysterious plan involving him. Josie is accompanied by Katelyn, a beautiful woman newly introduced to Nathan's

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group.

**9 p.m.**

Katelyn joins Nathan's group, engaging them with charm and friendliness while orchestrating a deeper scheme with Josie. She wins Nathan's attention under the guise of a friend who was stood up, while Josie discreetly cues Katelyn on their mission.

**10:30 p.m.**

Meanwhile, Alix is at home with her sisters, reflecting on Nathan's evening out, conflicted between trust and unease given Nathan's past with alcohol. As family time concludes, Alix discovers troubling remnants of Nathan's potential infidelity in his belongings — igniting fears and doubts about his fidelity and their marriage.

**Sunday, 21 July**

Alix lies awake, anxious with the realization of Nathan's disappearance. Her mind races over the evidence of possible betrayal, overshadowing her

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slumber. The next morning unravels slowly, filled with dread, as Nathan does not return home as promised.

Throughout the day, Alix struggles between confronting friends who might know Nathan's whereabouts while questioning her decisions. She confronts Nathan's friend Giovanni for more information but feels deceived by his vague reassurances. By afternoon, Alix considers the possibility of betrayal given the items she found.

### **Monday, 22 July**

Alix grapples with Nathan's prolonged absence. She receives a cryptic call about an unknown hotel where Nathan stayed. Visiting the hotel, Alix is confronted with signs of chaos in the room, but also poignant clues that deepen her sense of dread about his fate.

Investigating, she seeks help from past podcast guests. Joanna, a contact in the police force, assists. Alix soon learns the hotel room was booked under Nathan's name but paid with someone else's card, linking to Erin Fair. Josie's intentions reveal themselves when a devastating message arrives, painting Josie as manipulative.

### **Evening**

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The truth unravels further when Erin's father, Walter Fair, and Erin both come under suspicion. It leads to the horrific revelation of past abuse, hidden secrets, and Josie's lethal motives stemming from deep-rooted vengeance and jealousy.

Alix faces the truth about Josie's manipulation. As Erin awakes from her coma, she recounts a harrowing tale of survival and hidden family discord. Roxy corroborates, unmasking Josie's tragic past and complex psyche, culminating in a desperate message from Josie.

### **Tuesday, 23 July – Monday, 29 July**

Law enforcement unravels the chilling events of Josie's disappearance and involvement in broader crimes, uncovering her ties to past destructive behaviors and the grim discovery of Nathan's fate. Josie's mother's interview reveals Josie's dark childhood and her manipulative nature rooted in deep-seated trauma.

Family bonds are tested, stories converge, and Alix struggles with personal guilt and helplessness regarding the tragic outcomes. As more truths surface, concern turns to tracking down Josie, warning others, and preventing further

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tragedy.

Ultimately, Alix faces unsettling realizations about herself and her marriage, pondering over how personal vulnerabilities wove into Josie’s malevolent plans—a haunting tale of deception and betrayal, brought to light through Alix's podcast and her investigation into unfolding events.

Date/Time	Event
Saturday, 20 July	Alix feels relief as Josie leaves, unaware of Josie's true intentions. A family garden party brings Alix a moment of affection for Nathan before his night out.
7:30 p.m.	Josie observes Nathan at the pub with friends, plotting a scheme involving him with Katelyn's help.
9 p.m.	Katelyn gains Nathan's attention under pretense, executing a cunning plan alongside Josie.
10:30 p.m.	Alix, sensing unease over Nathan's outing, discovers troubling signs of infidelity.
Sunday, 21 July	Anxious Alix faces Nathan’s mysterious absence; family confrontations and suspecting betrayal ensue as Nathan remains unaccounted for.
Monday, 22 July	Alix learns of Nathan staying in a hotel under fraudulent means connected to Josie, revealing manipulation and dark intents.
Evening	Josie's dark motives linked to hidden traumas and manipulation surface; Erin recounts memories unearthing Josie's past.
Tuesday, 23 July – Monday, 29 July	Law enforcement uncovers Josie’s crimes and Nathan's grim fate, exposing her enigmatic past and malice.



## Critical Thinking

**Key Point:** Trust and Vulnerability

**Critical Interpretation:** In Chapter 3, the intricate story interweaves with Alix facing the challenging depths of trust within her relationships. As Nathan's absence bodes a potential betrayal, Alix stands at a crossroads, torn between evidence and her inherent desire to believe in his fidelity. This experience solicits an introspective exploration into how trust, once compromised, can manifest doubts and fears. By courageously facing uncomfortable truths, like Alix, you can learn resilience and embrace vulnerability to rebuild trust and strength in relationships. This chapter inspires a call to evaluate and prioritize transparent communication with loved ones, serving as a reminder that while trust is fragile, awareness and understanding can guide its healing.



## Chapter 4: 4

Part Four of the story unfolds four weeks after Nathan's tragic death, marked by a somber and tumultuous funeral. Nathan, a beloved figure to many, had endured significant loss and hardship in his life, yet managed to build a fulfilling, generous life without the advantage of formal education. Alix, grappling with the sudden void left by Nathan, comes to terms with his self-destructive behavior, realizing his drinking was a deeply personal struggle rather than a slight against her.

Approximately 300 mourners gather at a crematorium in Kensal Rise, surrounded by discreet members of the press, as Alix dons a dress the color of Nathan's eyes. The day is both a blur and sharply vivid for her, as the wake later becomes a bittersweet celebration of Nathan's life, shared at a bar with champagne, laughter, and the summer sun enhancing the poignancy. But reality crashes down ten days post-funeral, when Alix fully feels the weight of Nathan's absence.

The narrative shifts to a Netflix documentary clip discussing Nathan's murder, with Alix's husband being the victim of a botched kidnapping involving a suspect named Josie Fair, who remains at large, wanted for multiple crimes including the murder of her husband and attempted murder of her daughter.



Alix, portrayed as a podcaster in an interview, recounts her struggle to adapt post-Nathan's death and during the early days of the pandemic. Faced with financial uncertainty and the challenge of single parenting, she revives her career by creating a gripping true crime podcast with Andrea Muse's help. The podcast centers on Nathan's case and gains immense popularity, drawing in interviews from people mysteriously connected to the events.

Alix meets Katelyn, a central figure in the events leading to Nathan's death. Despite initial apprehension, Alix records Katelyn's confession, uncovering that Nathan was misled and trapped in a devious plot. Katelyn expresses regret, emphasizing Nathan's love for Alix, offering a semblance of closure and igniting Alix's resolve to memorialize Nathan truthfully.

The documentary highlights Alix's completion of her podcast on the anniversary of Nathan's funeral, gaining attention from American producers for a documentary adaptation. Her broadcast concludes with the acknowledgment of unresolved aspects of the crime, notably Josie's continued evasion of justice.

Months later, Detective Albright revisits Alix to return personal items stolen by Josie, expressing admiration for Alix's podcast's insight into the investigation. Alix, facing the tangible remnants of Josie's intrusion, reinstates them in her home, drawing strength and closure from these gestures, signifying a reclamation of her space and life.



In a compelling twist, a letter from Josie arrives, full of denial and veiled threats, reiterating her belief in fate's role in their shared existence. Alix processes this correspondence, remaining steadfast against Josie's narrative, as life gradually shifts back into a semblance of normalcy with her children.

The series ends on an open note, with Alix having not heard from Josie again and poised to continue facing the complex aftermath of her husband's murder with resilience and renewed purpose.

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## Chapter 5 Summary: 5

In March 2022, Josie rides an empty bus through a small Midlands city, keeping to herself and hiding behind a face mask and her blonde hair. She listens as two young women nearby discuss a Netflix show called "The Birthday Twin." The show centers on a woman who committed disturbing acts, including harming her children and kidnapping a husband. The conversation turns to Josie as one of the women questions her honesty, suggesting that other characters, Roxy and Erin, might also be deceitful. Their discussion triggers a tidal wave of memories and emotions for Josie, highlighting her tumultuous life story.

Josie reflects on her past, a knot of truths and lies she can't fully unravel. She remembers her troubled history, stemming from a childhood marked by feeling unwanted, shaping her into a secretive adult. A defining moment surfaces in her mind: returning home to find her daughter Roxy crying beside Brooke Ripley's lifeless body. The scene escalates as Roxy confesses, and Josie recalls summoning Walter from Newcastle, who guided them through the grim aftermath, involving hiding evidence of the tragedy.

The days following the incident were a blur of fear and conflict for Josie. Roxy's subsequent disappearance was marked by bitter words, with a threat to blame Josie if the truth emerged. A confrontation with Walter about their terrible secret led to his heart attack, but Josie's memories of that night



remain muddled, intermixed with guilt, and possibly violence involving Erin.

Despite the chaos, Josie convinces herself she has acted as a protective mother, keeping her family safe, even if her methods were morally questionable. The bus ride provides a moment of clarity—or perhaps self-deception—as she clings to the belief that her actions, though flawed, were driven by love. She assures herself that she has been a good person, or at least tried to be, by safeguarding those she cares about. In this moment of solitude, Josie holds onto her version of the truth, feeling certain and justified in her actions, even as ambiguity and unease hover over her past.

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